

# PPE NEWS for Home at Heart Care Caregivers!

Minnesota has made good progress on slowing the spread of COVID-19. As we continue the process of reopening our economy and returning to work and activities we enjoy, we must continue social distancing practices to save lives and stay safe. Home at Heart Care wants our caregivers to do their part, the best they can.

- Stay at least 6 feet (about 2 arms' length) from other people
- Do not gather in groups
- Stay out of crowded places and avoid mass gatherings

*CDC recommends that you wear a cloth mask over your nose and mouth in grocery stores and all other public places where it is hard to stay 6 feet away from others*

**Home at Heart Care now has a supply of face masks available for its caregivers!**

**Please give the office a call (218 776 3508 or 866 810 9441) to request masks - for you to wear while working with your client, especially if you accompany them in public places.**

*CDC encourages efforts to prevent getting sick.*

*Wash your hands often, with soap and water. Wash for at least 20 seconds.*

*Always wash your hands after being in a public place.*

*Always wash your hands after blowing your nose, coughing, or sneezing.*

*If soap and water are not available, use hand sanitizer that is at least 60% alcohol.*

**Home at Heart Care now has a supply of hand sanitizer available for its caregivers!**

**Please give the office a call (218 776 3508 or 866 810 9441) to request a bottle of hand sanitizer to have on hand in your client's home. Washing and/or sanitizing your hands frequently is listed as the best way to avoid catching this virus, and to protect your client.**

**Please note: hand sanitizer should not be stored in your car, especially in very hot weather.**

*Additional cautions from the CDC.*

*Cover your mouth and nose when you cough or sneeze.*

*Cough or sneeze into your elbow or a tissue. (Discard used tissue in the trash)*

*Avoid close contact with people who are sick.*

*Clean and disinfect things that people touch a lot: counters and other surfaces; telephones, remote controls and other devices; doorknobs, stairway railings and other objects.*

**Home at Heart Care has additional information for its caregivers on its website ([homeatheartcare.com](http://homeatheartcare.com) / Resources – Coronavirus (COVID-19) Check it out!**

# Coming Soon!

Home at Heart Care is in the process of examining and testing the newest version of their electronic time cards! Avoid the mess, risk and hassle of paper timesheets! We are expecting to roll out this improved version mid-July. More information and instructions to follow....

May God Bless and Protect you all,

Bruce Emmel  
CEO  
Home at Heart Care