

**Training Requirements**

\*\*\* Less than 5 years of experience – 12 Hours of Training \*\*\*

\*\*\* 5 years or more of experience – 6 Hours of Training \*\*\*

**HOME AT HEART CARE CLASSROOM TRAINING (6CR/HR)**

CPR/First Aid & Manual/Timesheet Review (PowerPoint Presentation)

**HOME AT HEART CARE 'PERSON CENTERED' CLASSROOM TRAINING (6CR/HR)**

**Topics and Videos:**

Bipolar Disorder, Dealing with Adult Family Member as Client, Dissociative Identity Disorder (D.I.D.), Opioid Use, Redirecting Behaviors, Self Defense, Strokes

**2019 COFE' 12 ROUND TABLE SHARING (3CR/HR)**

**Topics and Videos:**

Ageing-Youth Obsessed Culture, Effective Communication & Understanding Body Language, Multiple Sclerosis (MS), Obsessive Compulsive Disorder (OCD), Power of Positive Thinking, Time Management

(The COFE' 12 Round Table Sharing includes a review worksheet available after class for 3CR/HR)

**2019 HOME AT HEART CARE ONLINE LEARNING MODULES/LESSONS-12.1 CR/HR**

**Module:** MHM Module 5.8: Understanding Unique Disability Needs: Mental Health

Item Name: CDS: Introduction to Mental Health & Mental Illnesses: Lesson 2: Overview of Common Mental Illnesses, Treatment & Service Options, Lesson 6: System Issues & Solutions in Mental Health (2.8 CH)

**Module:** DHS-MN (CDS): Understanding Depression

Item Name: CDS: Understanding Depression: Lesson 1: What is Depression & What Helps? Lesson 2: DSP Roles When People Experience Depression, Lesson 3: Co-Occurrence with Intellectual/Development Disability, Lesson 4: Suicide Prevention & Response, Lesson 5: Resources & Where to Learn More (2.9 CH)

**Module:** DHS-MN (PCC): Supporting Caregiving Family Members

Item Name: PCC: Supporting Caregiving Family Members: Lesson 1: Understanding & Supporting Family Caregiving, Lesson 2: The Context of Culture & Diversity, Lesson 3: Assessing & Supporting Caregiver Strengths & Needs, Lesson 4: Family Expectations & Service, Lesson 5: Supporting Family Collaboration (4 CH)

**Module:** DHS-MN (PCC): An Introduction to the No Wrong Door System

Item Name: PCC: An Introduction to the No Wrong Door System: Lesson 1: Vision, Values & Structure, Lesson 2: The Evolution of the No Wrong Door System, Lesson 3: Outreach, Partnerships & Governance, Lesson 4: The Role of the Person Centered Counseling Professional in a Successful No Wrong Door System (2.4 CH)

## **CONTINUED 2019 CLASSES AND OPTIONS**

**HOME AT HEART CARE CAREGIVER MANUAL & QUIZ (3CR/HR)**

**AMERICAN RED CROSS FIRST AID/CPR/AED PARTICIPANT'S MANUAL and EXAMS:**

**5CR/HR** without Certification

**6CR/HR** after Certification through Home at Heart Care

**AMERICAN RED CROSS LEARNING ONLINE COURSE VIA LINK:**

**5CR/HR** without Certification

**6CR/HR** after Certification through Home at Heart Care

**\*\*\*\*Must contact the Home at Heart Office for Instructions and more information\*\*\*\***

<http://redcrosslearning.com/course/301040f0-c611-11e6-981d-bb8e5751112f>

**\*\*\*Please note\*\*\***

*IN-SERVICE EDUCATION WORKBOOKS WILL ONLY BE ASSIGNED PRIOR AUTHORIZATION & APPROVAL THROUGH THE TRAINING DEPARTMENT & WILL ONLY BE CONSIDERED AS A TRAINING OPTION ON AN INDIVIDUAL BASIS.*

**IN-SERVICE EDUCATION WORKBOOK 1: (6CR/HR)**

Communication, Nutrition, Documentation, Skin Breakdown, Stroke, HIV/AIDS, Domestic Violence

**IN-SERVICE EDUCATION WORKBOOK 2: (6CR/HR)**

Infection Prevention, Tuberculosis, Body Mechanics, Falls, Safety, Residents' and Clients' Rights, Confidentiality

**IN-SERVICE EDUCATION WORKBOOK 3: (6CR/HR)**

Alzheimer's Disease, Dignity, Diabetes, Restraints and Restraint Alternatives, Abuse and Neglect, Death and Dying, Managing Stress

(Home at Heart Care may consider submitted copies and/or transcripts on other **current** Health Training Certification/Education as long as it meets and/or exceeds the training documentation requirement.)