

**2019 COFE' 12 ROUND TABLE**

*Topics & Videos: Aging-Youth Obsessed Culture, Effective Communication Skills & Understanding Body Language, Multiple Sclerosis (MS), Obsessive Compulsive Disorder (OCD), Power of Positive Thinking, Time Management*

**\*\*\*Please Note\*\*\***

The *COFE'* 12 Round Table Sharing includes a review worksheet available after class for 3CR/HR

**ROUND TABLE SHARING**  
**\*\*3 HOURS\*\***  
**PAID TRAINING**  
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**SIGN UP NOW**  
**BY CALLING**  
**218-776-3508**  
**Limited Class Size**  
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**Reminder:**  
**When registering for training class; calculate your anticipated work schedule hours with class training hours to avoid going over in hours for that week.**  
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 Classes are contingent on inclement weather conditions and minimum class size. Home at Heart Care reserves the right to cancel class during such times. Please call the office (218-776-3508) to verify class cancellations.

<u>Date</u>	<u>Day/Time</u>	<u>City</u>	<u>Class Location</u>
Feb 19	Tues/1-4pm	Thief River Falls	Wired Bean Coffee House 1560 Hwy 59 SE 218-683-5112
March 19	Tues/9am-12	Crookston	RBJ's Restaurant Hwy 2-1601 University Avenue 218-281-3636
April 9	Tues/12-3pm	Erskine	Ness Cafe' 103 Vance Ave S 218-687-2101
May 21	Tues/9am-12	Clearbrook	Home at Heart Care 221 3 <sup>rd</sup> Ave 218-776-3508
June 25	Tues/8:30am-11:30	Redby	Redby Community Church State Hwy 1 218-760-4953
Aug 20	Tues/9am-12	Naytahwaush	Pinehurst Resort 27345 Co Rd 4 218-935-5745
Sept 17	Tues/1-4pm	Bagley	D&R Cafe' 27 Central St W 218-694-3747
Oct 22	Tues/9am-12	Bemidji	Country Kitchen Restaurant 728 Paul Bunyan Dr NW 218-444-8963
Nov 19	Tues/1-4pm	Clearbrook	Home at Heart Care 221 3 <sup>rd</sup> Ave 218-776-3508



