

Training Requirements

*** Less than 5 years of experience – 12 Hours of Training ***

*** 5 years or more of experience – 6 Hours of Training ***

Home at Heart Care CDS Online Learning Modules/Lessons

2019 MHM (CDS): MODULES (Total Contact Hours=5.7)

INTRODUCTION TO MENTAL HEALTH & MENTAL ILLNESSES UNDERSTANDING DEPRESSION

CDS: INTRODUCTION TO MENTAL HEALTH & MENTAL ILLNESSES (2.8 CH) **(MHM MODULE 5.8: Understanding Unique Disability Needs)**

Lesson 2: Overview of Common Mental Illnesses, Treatment & Service Options (1.4 CH)

Lesson 6: System Issues and Solutions in Mental Health (1.4 CH)

CDS (DHS-MN): UNDERSTANDING DEPRESSION (2.9 CH)

Lesson 1: What is Depression and What Helps? (.6 CH)

Lesson 2: DSP Roles When People Experience Depression (.6 CH)

Lesson 3: Co-Occurrence with Intellectual/Development Disability (.5 CH)

Lesson 4: Suicide Prevention and Response (.6 CH)

Lesson 5: Resources and Where to Learn More About (.6 CH)

2019 DHS-MN (PCC): MODULES (Total Contact Hours=6.4)

SUPPORTING CAREGIVING FAMILY MEMBERS AN INTRODUCTION TO THE NO WRONG DOOR SYSTEM

PCC: SUPPORTING CAREGIVING FAMILY MEMBERS (4 CH)

Lesson 1: Understanding and Supporting Family Caregiving (.8 CH)

Lesson 2: The Context of Culture and Diversity (.8 CH)

Lesson 3: Assessing and Supporting Caregiver Strengths & Needs (.8 CH)

Lesson 4: Family Expectations and Service (.8 CH)

Lesson 5: Supporting Family Collaboration (.8 CH)

PCC: AN INTRODUCTION TO THE NO WRONG DOOR SYSTEM (2.4 CH)

Lesson 1: Vision, Values, and Structure (.6 CH)

Lesson 2: The Evolution of the No Wrong Door System (.6 CH)

Lesson 3: Outreach Partnerships, and Governance (.6 CH)

Lesson 4: The Role of the Person Centered Counseling Professional (.6 CH)