

Topics & Videos: Overcoming Drug Addiction, Importance of Meditation in Recovery, Hazelden Betty Ford-Importance of Recovery Management, Social Phobia, Anger Management, and Coping with Grief & Loss

*****Please Note*****

The *COFE'* 12 Round Table Sharing includes a review worksheet available after class for 3CR/HR

ROUND TABLE SHARING
****3 HOURS****
PAID TRAINING

SIGN UP NOW
BY CALLING
218-776-3508
Limited Class Size

Reminder:
When registering for training class; calculate your anticipated work schedule hours with class training hours to avoid going over in hours for that week.

 Classes are contingent on inclement weather conditions and minimum class size. Home at Heart Care reserves the right to cancel class during such times. Please call the office (218-776-3508) to verify class cancellations.

<u>Date</u>	<u>Day/Time</u>	<u>City</u>	<u>Class Location</u>
Feb 20	Tues/1-4pm	Thief River Falls	Wired Bean Coffee House 1560 Hwy 59 SE 218-683-5112
March 20	Tues/1-4pm	Crookston	RBJ's Restaurant Hwy 2-1601 University Avenue 218-281-3636
April 24	Tues/12-3pm	Erskine	Ness Cafe' 103 Vance Ave S 218-687-2101
May 22	Tues/1-4pm	Clearbrook	Home at Heart Care 221 3 rd Ave 218-776-3508
June 26	Tues/9am-12	Redby	Redby Community Church State Hwy 1 218-760-4953
Aug 21	Tues/9am-12	Naytahwaush	Pinehurst Resort 27345 Co Rd 4 218-935-5745
Sept 18	Tues/9am-12	Bagley	D&R Cafe' 27 Central St W 218-694-3747
Oct 23	Tues/9am-12	Bemidji	Country Kitchen Restaurant 728 Paul Bunyan Dr NW 218-444-8963
Nov 27	Tues/9am-12	Clearbrook	Home at Heart Care 221 3 rd Ave 218-776-3508